

Granola & Fruit Crisp

here's a short and simple recipe for a healthy snack

Ingredients:

- 3 fruit cups or 1 can of fruit (no juice)
- 2 tablespoons of cornflour
- 1/3 cup canola oil
- 8 pantry granola bars
- 75 g (2/3 cup) plain flour
- 50 g (1/5 cup) brown sugar
- 50 g unsalted butter, melted
- Any flavor Yogurt

Instructions:

- Preheat the oven to 180 degrees. Mix fruit, granulated sugar and corn flour in a bowl.
- Crush the 8 granola bars and mix with flour, brown sugar, and butter in a separate bowl until crumbly. Sprinkle evenly over fruit.
- Bake for 45-50 minutes until the fruit is bubbling, and serve with spoonfuls of yogurt.

