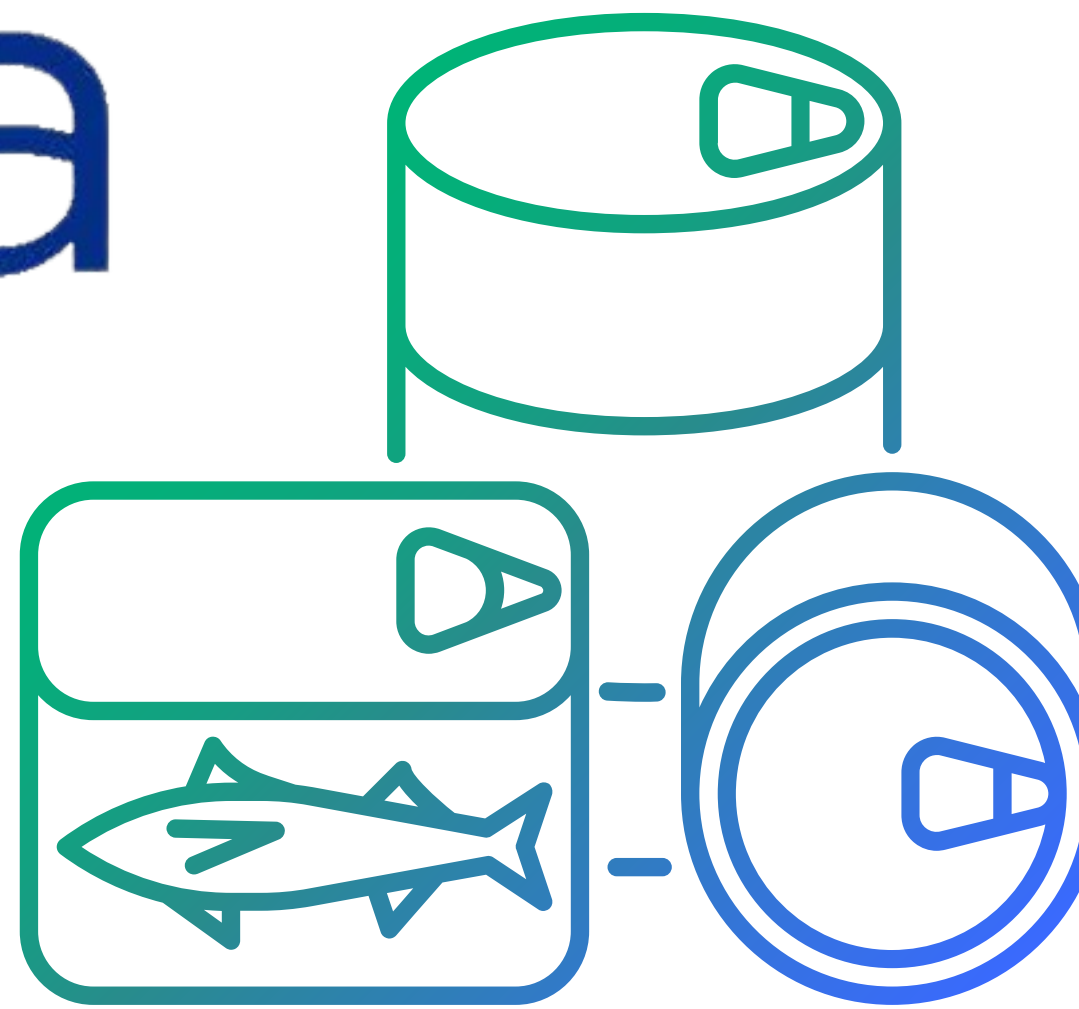


NSU Florida

SHARK PANTRY

Guidelines



- 10 lbs per person, weekly
- 2 canned meats
- 3 snacks *
- 2 ramen
- 5 toiletry items * (except feminine products)
- 3 grains * (E.G. rice, pasta, mac n' cheese)
- 2 single serving items *
- 1 bread per person, weekly
- 1 milk per person, weekly
-
- * = no duplicates

